

## PALS SEMINAR When Dignity ≠ Suffering Sat., May 15, 2021

## Resources & Links

## **Compassion & Choices Links:**

- <u>List of CA storytellers</u> on website. <a href="https://compassionandchoices.org/stories/?">https://compassionandchoices.org/stories/?</a> state=california#related-stories-list.
- Link to our Find Care Tool
- California Introduction to Medical Aid in Dying includes a detailed guide to accessing the medication and the rules and requirements of the law.
- Resources in Spanish and Chinese.
- <u>Doc2Doc</u> is a free confidential consultation service available for physicians who
  want to learn more about the full range of end-of-life options from other physicians
  who have practiced medical aid in dying in their own work. If you talk to your doctor
  and find they want more information about the End of Life Option Act, encourage
  them to call the toll-free number: 800-247-7421.
- Our <u>COVID-19 Toolkit</u> includes an addendum for your Advance Health Care
  Directive in the case of you contracting COVID-19. Click here for the <u>Spanish</u>
  version.
- Finish Strong: Putting Your Priorities First at Life's End, by Barbara Coombs Lee
- The Dementia Values and Priorities Tool and the Dementia Decoder
- End of Life Consultation (also known as EOLC) provides confidential support and information on the full range of options around end-of-life planning, anywhere in the country. EOLC can be reached via the Compassion & Choices toll free number: 800-247-7421 and press 1 when prompted.
- Link to learn more about <u>SB 380</u> to keep and improve the CA EOLOA.
- End of Life Option Act Webinars: <a href="https://youtu.be/3pPJU9aVyOk">https://youtu.be/3pPJU9aVyOk</a>. <a href="https://youtu.be/3pPJU9aVyOk">https://youtu.be/3pPJU9aVyOk</a>. <a href="https://youtu.be/3pPJU9aVyOk">https://youtu.be/3pPJU9aVyOk</a>. <a href="https://youtu.be/3pPJU9aVyOk">https://youtu.be/3pPJU9aVyOk</a>.

## Other Resources:

- City of Hope End of Life Symposium Patient Perspectives on Medical Aid in Dying: <a href="https://youtu.be/5l-1knZwFgY">https://youtu.be/5l-1knZwFgY</a>
- City of Hope End of Life Symposium Cinema at the End of life: <a href="https://www.youtube.com/watch?v=yOyPOSj5YLc&authuser=0">https://www.youtube.com/watch?v=yOyPOSj5YLc&authuser=0</a>
- "Here Awhile" (2019) available on Amazon Prime, Hulu, YouTube and Vudu. Trailer: <a href="https://youtu.be/xDZ-HMaPLQA">https://youtu.be/xDZ-HMaPLQA</a>
- "When My Time Comes" (2021) Amazon, PBS SoCal: <a href="https://www.pbs.org/video/when-my-time-comes/">https://www.pbs.org/video/when-my-time-comes/</a>