PALS Is Joining Triangle Care Management

Dear PALS Member, Community Partners and Friends,

We are writing to share important news about the future of PALS (Planning Ahead for LGBTQ+ Seniors). Effective December 31, 2026, PALS will close its operations as an independent organization and become a program of Triangle Care Management (TCM).

Since our founding, PALS has worked to build a community of seniors who look out for one another by informing and educating LGBTQ+ people and allies on all aspects of planning ahead, before health or life-altering situations arise. Through no-cost seminars, workshops, resource materials, and special events, in person and online, we have helped people prepare for the future with confidence.

Why TCM

PALS and TCM share deep roots. Richard Bass, a founder of both organizations, has long held a vision that the LGBTQ+ community deserves aging services that are culturally competent and respectful. That vision has guided both organizations from the start.

TCM grew out of something PALS saw again and again: even people who plan ahead can be thrown into a maze of complicated medical, social, and legal services when illness, disability, or an accident suddenly changes their needs. In those moments, they need a safe place to call and receive affirming guidance through the system. TCM provides exactly that, through personalized, one-on-one care management and trusted referrals.

Bringing PALS into TCM unites education with personal support, creating a continuous path from planning ahead to getting help when it matters most. Kelly Watson, Board member and a longtime leader in PALS and now President of TCM, brings the experience, acumen, and continuity needed for a smooth transition.

What This Means for You

- PALS will continue offering programs and resources through the end of 2026.
- Beginning January 1, 2027, PALS programming will continue under the TCM umbrella.
- PALS will remain a community of connected LGBTQ+ seniors, continuing its educational seminars and its established programs, PALS Circle and Death Cafe.
- You will remain on the PALS email list and receive updates as TCM continues these programs. To learn more about Triangle Care Management, visit trianglecaremanagement.org. With any questions, please contact TCM through the website or reach Kelly Watson directly at kelly@trianglecaremanagement.org.

Our Thanks

To our members, volunteers, presenters, partners, donors, and allies: thank you. Your commitment built a community that looks out for one another, and that community is the foundation of everything that comes next. With heartfelt gratitude.

Jamie Trachtenberg
CEO & Co-President

Christopher Christensen
Co-President